



A lovely walk on paved paths in this well used park with excellent facilities and stunning views across Sussex and into Kent. The walk is 0.7 miles or for a mile add a loop of the path around the outside of the running track.

Getting here:

A free car park is accessed from Eridge Road (A26), TN6 2TN. Accessible parking is next to the leisure centre. A smaller car park is accessible from Pilmer Road, TN6 2UF.

Buses 29, 226 and 228 stop on Eridge Road 150m from the start.

Paved paths with dropped kerbs at the road crossing. No steps, stiles or gates. Short ramp from the main car park which exceeds 15% but is avoided from the accessible parking. No slopes over 10% on the rest of the walk. Suitable for wheelchairs less than 90cm wide and standard pushchairs. Lots of seats. Shelter near the play park and by the leisure centre. Takeaway refreshments and toilets near the play park and a café in the leisure centre. Not waymarked, follow obvious paths.

- 1 Begin at the leisure centre end of the main car park. Take the slope (about 15%) up to the path, turn right, head around the skate park and to the road.
- 2 Turn right onto the road (no pavement), then left through the gap (about 90cm wide) in the hedge, turn right to follow the path around the outside of the running track.
- 3 Stay on the path as it steepens and pass the exercise equipment. To walk a mile go straight ahead and follow the path around the outside of the running track until return you return to this point.
- 4 Turn sharp right, follow the path, then around to the left and uphill.
- 5 At the top of the hill turn left and head downhill.
- 6 Turn left and head between the building (toilets and takeaway refreshments) and the play park. Turn right and follow the path beside the leisure centre.
- 7 Cross the small car park and pass the skate park back to the main car park.



Distance: 0.75 miles (1.2 km) or 1.05 miles (1.7 km)

Ascent: 19 metres (62 feet) or 22 metres (72 feet).

