

The Ghyll

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Just under one mile through the pretty Ghyll Nature Reserve and back via Forest Rise. You'll need a steady foot through the woods and the climb up from the ghyll is uneven and steep.

Getting here:

A dedicated free car park is accessed from Burdett Road, the road next to Sainsbury's on Crowborough Hill. TN6 2EW.

Buses 224, 225 and 228 stop at Burdett Road on Crowborough Hill, 150m away from the route. Crowborough railway station is 400m away.

Mixed walking surface with mud and paved paths. Uneven paths in the woods with puddles after rain and exposed tree roots. A few short steep and uneven slopes in the woods and a longer uphill slope with a gradient of almost 25%. No stiles. One narrow kissing gate. Not suitable for wheelchairs or pushchairs. No seats, shelter, toilets or refreshments. Not waymarked, follow walked paths carefully. Some footpaths are signposted.

- 1 Begin at the far end of the car park, pass through the narrow wooden kissing gate, turn right and follow the fence downhill.
- 2 At the end of the fence bear right and cross the wooden bridge. Turn left and follow the path alongside the ghyll, heading upstream.
- 3 At the footpath marker (there is no arrow pointing in the direction of the route) turn right to head behind the tree and follow the path steeply uphill.
- 4 When the path begins to level off turn right at the fingerpost.
- 5 As the path re-enters the trees it splits, bear left.
- 6 When the path comes near to Palesgate Lane remain in the woods and bear right to follow the path above the road, steep and uneven in places.
- 7 Cross the residential parking area to Forest Rise and turn left.
- 8 Turn right onto Heather Walk, the small path between the houses.
- 9 Turn right onto Forest Dene, the left onto Forest Rise and back to the car park.



Distance: 0.90 miles (1.5 km)

Ascent: 45 metres (148 feet)

